



**2-1-1** is an easy-to-remember telephone number that connects people with important community services. This statewide information, referral, and crisis management service is FREE and operator-serviced 24 hours a day, 7 days a week. In February 2004, Mental Health America of North Dakota (MHAND) (formerly known as Mental Health Association in North Dakota) started providing the **2-1-1** service in North Dakota. The **2-1-1** ND program is funded by memberships, donations, grants, and various United Way agencies throughout the state. Examples of the types of assistance we provide are:

- Basic human needs resources
- Physical and mental health provider referrals
- Services for older Americans and people with disabilities
- Community program resources
- Emergency service provider referrals
- Crisis management services, including suicide intervention, domestic violence, supportive listening, etc...